

Daily Meetings

7:00	AM	O/D/J/H 00178728	"Morning Grind" 2325 30 th St. In garage thru alley (Mon - Fri)	Hillcrest 92103
9:00	AM	O/D 00006445	"Hang In There" 1944 30 th St. @ Grape, (Mon-Sat)	Golden Hills 92102
9:00	AM	O/D/H/NS 00178619	"Here and Now" 4590 Park Blvd., Coffee House (Mon-Fri)	Univ. Heights 92116
12:00	PM	O/D 00010518	"Noon at the Park" Oregon @ Howard St., Park (every day at noon)	North Park 92104
4:00	PM	O/D/NS 00017138	"The Wall" 3295 Meade Ave. (M-F) Church	Normal Heights 92116

Sunday Meetings

8:30	AM	O/D/H/NS 00082651	"Came To Believe" 1944 30 th St. @ Grape, Club	Golden Hills 92102
9:00	AM	O/J/H/NS 00019890	"Living The Dream" 4649 Hawley Blvd	Normal Hts 92116
10:00	AM	C/D/W 00179023	"Girls Just Wanna Be Clean" 1816 Howard Ave	Univ. Heights 92116
10:00	AM	O/D/C/W ø	Sunday Women's Meeting 3594 4 th Ave.	San Diego 92101
4:00	PM	O/D 00178733	"We Can Do It" 950 Orange Ave. alley	Coronado 92118
4:30	PM	O/12S/NS 00178736 ø	"It works How & Why" 6875 "B" El Cajon Blvd. upstairs	College Area 92104
6:30	PM	O/H/L/NS 00088883	"Spiritual Freedom" 4590 Park Blvd., Coffee House	Univ. Heights 92116
7:00	PM	O/D 00082650	"Serenity Seekers" 4989 El Cajon Blvd.	Talmadge 92115
7:30	PM	O/H/J 00082652	"New Beginning" 7850 Vista Hill Ave. @ Meadowlark rear Hospital	Linda Vista 92123
8:00	PM	O/D/G/NS 00019691	"Principles B4 Personalities" 1730 Monroe Ave, Club	Univ. Heights 92116
8:15	PM	O/D/NS/H S3 00019692	"Living In Recovery" 4177 Marlborough Ave, enter off of Orange Ave.- back of Church (speaker on the 3 rd Sunday)	San Diego 92105

Monday Meetings

1:30	PM	O/D/H 00157475 ø	"Afternoon Delight" 1816 Howard Ave.	Hillcrest 92103
6:30	PM	C/T 00016369	"Signs of Life" 4649 Hawley Blvd. (4 th Monday is speaker mtg-no cakes)	Normal Heights 92116
6:30	PM	C/B/L/H/X	"Learn it to Live It" 72 17 th St., (17 th & Imperial) "buzz in"	North Park 92104
6:30	PM	O/D 00082693	"Monday Night Special" 1944 30 th St., Club	Golden Hills 92102
7:00	PM	O/D 00178745	"Right To Freedom" 4286 49 th St.	Talmadge 92115
7:00	PM	C/D/H/L/NS 00178746	"17th Step Meeting" 3770 Alta Dena Dr., 2 nd floor Church	Kensington 92105
7:00	PM	O/T/H 00178750	"Mon. Nite on Fairmount" 3571 Fairmount Ave.	City Heights 92105
8:00	PM	O/D/G/NS 00082657	"Round Robin" 1730 Monroe Ave., Club	Univ. Heights 92116

Tuesday Meetings

12:30	PM	O/D/H/J 00092372	"Just For Tuesday" 6154 Mission Gorge Rd., suite 120	Mission Gorge 92120
1:30	PM	O/BE/D/H	"Downtown Hope: 1420 3rd 3rd & Ash @ Lutheran Church	San Diego 92101
2:00	PM	O/D/W/H/B -203455	"Women with Voices" 5605 El Cajon Blvd	Talmadge 92115
4:00	PM	C/B/W NEW mtg 10/6/09	"Univ.Hts. Woman's Basic Text Study" 4353 Park Blvd.@ Fellowship Ctr. Church	Univ.Hts 92116
4:00	PM	O/Taped Spkr/NS ø	"Notorius Addicts" 72 17 th st. buzz in	San Diego 92101
5:00	PM	O/D/H/NS 00082667	"Tuesday Night Nitro" 1944 30 th St. @ Grape	San Diego 92102
6:00	PM	O/D 00157475	"Uptown Recovery" 1816 Howard Ave	Hillcrest 92103
6:00	PM	O/D	" "	Univ.Hts 92116
6:30	PM	O/D/H 00010753	"Recovery Discovery" 2410 E St.	Golden Hills 92102
6:45	PM	C/T/NS 00178753	"New Way Of Life" 1944 30 th @ Grape	Golden Hills 92102
7:00	PM	O/S 00010483 ø	"Speakers NA" 2325 30 th St., garage	Golden Hills 92102
7:00	PM	O/S 00178754	"Stand Up and Speak Out" 4989 El Cajon Blvd.	Talmadge 92115
7:00	PM	C/B/H	2696 Melbourne Dr.	Serra Mesa 92123
7:30	PM	O/BE/H/SB 00178755	"Tuesday Night New Beginnings" 7850 Vista Hill Ave.@ Meadowlark Hospital - rear parking lot	Linda Vista 92123
8:00	PM	O/D/T/NS ø	"W.A.R." 4340 VanDyke Ave.	City Heights 92105
8:15	PM	O/D/SB	"It Only Takes Two" 4989 El Cajon Blvd.	San Diego 92115

Wednesday Meetings

10:00	AM	O/12S/H 00178757 ø	"Killer Step Study" 2410 E St.	Golden Hills 92102
1:30	PM	O/D 00157475	"Afternoon Delight" 1816 Howard Ave.	Hillcrest 92103
4:00	PM	O/D	"New Adventures" 72 17 th St. (17 th & Imperial)"buzz in"	San Diego 92101
5:00	PM	O/12S/H ø	Formerly: 'Addicts on Broadway" 1944 30 th @ Grape St., Club	San Diego 92102
6:00	PM	O/D 00082673	"H.O.W.L" 1816 Howard Ave	Hillcrest 92103
6:00	PM	O/T 00157193	"Recovery Is Life" 6145 Imperial Ave., Center	Encanto 92114
6:45	PM	C/M 00088880	"Wednesday Night Men's" 1944 30 th @ Grape St., Club	Golden Hills 92102
7:00	PM	O/D 00017140	"Solutions Group" 3030 Thorn St., Church	North Park 92104
7:00	PM	O/12S	"New Horizons" 825 7 th Ave.	San Diego 92101
7:00	PM	O/CL/J/NS	"Just For Today" 3660 Fairmont Ave.	City Hts 92105
8:00	PM	O/D/G 00082653	"Hope Without Dope" 1730 Monroe Ave., Club	Univ. Heights 92116

Thursday Meetings

1:30	PM	O/BE/D/H	"Downtown Hope" 1420 3rd 3rd & Ash @ Lutheran Church	San Diego 92101
2:00	PM	O/BE/D/H/X 00178784	"Afternoon Solutions" 5605 El Cajon Blvd.	Talmadge 92115
4:00	PM	O/D	"Notorius Addicts" 72 17 th St. (17 th & Imperial) "buzz in"	San Diego 92101
6:00	PM	O/D	"Prayer & Meditation" 1816 Howard	Hillcrest 92103
6:30	PM	O/NS/S 00018799	"Old Timers Speakers" 4590 Park Blvd. @ Madison, Coffee House	Univ. Heights 92116
6:30	PM	O/H/W 00178787	"Anonymous Anonymous" 3036 Chamoune Ave., in rear	City Heights 92105
7:00	PM	O/B 00178791	"Almost Regular" 2325 30 th St., garage	Golden Hills 92102
7:00	PM	O/D/SB 00004201 ø	"It Only Takes Two" 4989 El Cajon Blvd.	Talmadge 92115
8:15	PM	O/G/T 00010754	"Thursday Night Stoners" 3767 Central Ave., Center	City Heights 92105
8:15	PM	O/D 00178795	"Cold Turkey" 950 Orange Ave., Club	Coronado 92118

Friday Meetings

8:00	AM	O/T/X NEW Mtg	"Real Recovery" 4880 Zion Ave.	Allied Gardens 92120
1:30	PM	O/D 00157475	"Afternoon Delight" 1816 Howard Ave.	Hillcrest 92116
6:30	PM	O/HI 00010478	"Sleeping Monkey" 4380 Landis St. ASL Interpreter	City Heights 92105
7:00	PM	C/CL/M/NS 0020689	"Hoodlums Haven" 3060 54 th St. Church (rear door, southside)	San Diego 92105
7:00	PM	O/D ø	"Yardbirds" 555 69 th St., backyard	Encanto 92114
7:00	PM	O/Y/D/CL/X	"So Fresh & So Clean" 6179 University Ave. Spkr last Friday	San Diego
7:15	PM	O/D/H 00006411	"Thank God We're Clean" 7850 Vista Hill Ave. @ Meadowlark Hospital - rear parking lot	Linda Vista 92123
7:30	PM	S/T/O 00179016	"T.G.I.F" 4773 Marlborough Ave., Church upstairs	Kensington 92116
7:30	PM	O/G/S 00178801	"Alumni Speakers" 3767 Central Ave., Center	City Heights 92105
7:30	PM	O 00178803	"Girl's Night Out" 6154 Mission Gorge Rd. Suite 120	Mission Gorge 92120
7:45	PM	O/D 00178804	"Friday Night Reprieve" 4989 El Cajon Blvd.	Talmadge 92115
8:00	PM	CL/D/G/H/M 00082684	"Weeks End NA" 1816 Howard Ave	Hillcrest 92103
8:00	PM	O/B/H/W/G 00178805	"Clean A. I. R." 1730 Monroe Ave., Club , back room	Univ. Heights 92116

¹ Central Area Schedule October 2009.3(1)

CHANGES TO SCHEDULE:

If you need to make a change to this schedule , your Group Service Representative (GSR) can submit the change directly to the Schedule Coordinator at the monthly Central Area Service Committee (ASC) meeting.

The schedule change forms are available at the ASC meeting. **The meeting is on the 4th Saturday of every month at 9:30 am at 2789 Howard St., at the Rec Center.** All changes will be reflected in the next month's schedule, and passed on to the Regional Schedule Coordinator for submission to the Regional Schedule.

Currently we have approximately 100 meetings every week in the Central Area, and we average about 20-30 GSR's at each month's ASC meeting. Does your meeting have a voice?